



Re: Nut Allergy

Dear Parents/Carers,

We are aware that **a child in class Year 4 has a severe allergy to sesame seeds and nuts.** This allergic reaction (anaphylactic shock) can occur through ingestion of sesame seed/nut products, cross contamination, or being touched by someone who has recently handled or eaten the allergen themselves.

Since this condition can be life threatening, we are asking for your help in minimising the risk to this child by:

- a) Avoiding giving children sesame seed products/nuts in school lunches
- b) Avoiding giving peanut butter sandwiches, other spreads containing nuts such as Nutella and snacks/bars containing nuts or labelled 'may contain nut traces' in school lunches
- c) Asking children **not** to share their food
- d) Avoiding supplying the school with cakes or food items containing nuts for birthday celebrations, sales or events
- e) Avoiding sending containers such as cereal boxes for DT / Art lessons into school which may have contained produce made with nuts.

We do acknowledge that many foods are labelled as 'may have been produced in a factory handling nuts and cannot be guaranteed to be nut free'. Such items will be allowed in school as it would be unreasonable to expect these to be kept out of school. Please note where a member of staff notices a pupil eating a nut product, the product will be removed politely and the member of staff will explain why this has to be done.

Due to the severity of the problem, it is important that we all support the suggested measures and reduce the risk of an allergic reaction for this child.

We thank you for your co-operation.

Brendon Dutton
Headteacher