

AUTUMN /WINTER MENU 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 7 th SEPT 26 th SEPT 17 th OCT 14 th NOV 5 th DEC	Fish Bites Crab Cakes (V) Veggie Bake Jacket Wedges, Sweetcorn or Baked Beans Blueberry Muffin Cake	Loin Roast Pork (V) Vegetable Hotpot Roast Potatoes Shredded Cabbage Sliced Carrots Sticky Toffee Pudding	Pasta Bolognese (V) Tomato Pasta Warm Baguette Mixed Vegetables or Jacket Potato Grated Cheese Arctic Sponge Roll	Roast chicken (V) Cauliflower cheese Roast Potatoes Cauliflower and Broccoli Gravy Banana Cake	Battered Fish (V) Cheese Pasta Chipped Potato Garden Peas Tomato Sauce Australian Crunch
WEEK 2 12 th SEPT 3 rd OCT 31 st OCT 21 st NOV 12 th DEC	Pulled Pork or Chicken Wraps (V) Cheese Wrap Salad bar Coleslaw Beetroot Flapjack Fruit Juice	Gammon (V) Veggie Pie Roast Potatoes Swede Cauliflower Gravy Carrot Cake	Chicken Korma (V) Cheese Pizza Sauté Potatoes Sweetcorn Naan Bread Rice Mango & Orange Smoothie	Sausages and Yorkshire Pudding (V) Veggie Sausage Roast Potatoes Mixed Vegetables Gravy Vanilla Ice Cream Chocolate Sauce	Fish Fingers (V) Veggie Fingers Chipped Potatoes Salad Bar or Peas Shortbread Fingers Milk
WEEK 3 19 th SEPT 10 th OCT 7 th NOV 28 th NOV	Selection of Filled Sandwiches or Baps Pasta Salad Vegetable Sticks Yogurt and Fruit Cocktail	Roast Beef (V) Veggie Roast Roast Potatoes Broccoli Carrots Gravy Lemon Drizzle Cake	Homemade Chicken Pie Or Crispy chicken pieces (V) Veggie Pasty Peas Gravy Ginger Bread	(V) Cauliflower Cheese Roast Potatoes Swede & Carrot Gravy Oat Slice	Fish Cake (V) Omelette Chipped Potatoes Sweetcorn Tomato Sauce Pasta Bar Chocolate Cracknel

Salad bar and selection of fresh fruit available daily.
 Jacket potatoes with cheese, beans or tuna available daily.

SNACK MENU KS2

FOOD:

- Yoghurt
- Toast
- Cereal
- Fruit
- Vegetable Sticks
- Bread Sticks & Cheese

DRINKS:

- Milk

